

Consultations



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Expert advice tailored to you.

All treatments begin with a consultation to ensure safety, suitability, and personalised care.

Led by a Nurse Prescriber

As a qualified Nurse Prescriber, I can assess, prescribe, and treat safely in line with UK regulations.

Free Phone Consultation


Not sure where to start? Book a free 10–15 minute call to discuss your goals and whether treatment or skincare is right for you.

Online Skincare Consult

Virtual consultations are available for personalised skincare advice and medical-grade product plans.

Face-to-Face Clinic Consult

Required before all injectable or prescription treatments. Includes full medical assessment, treatment planning, and consent.

 **Important: Prescription-only medications (e.g. Botox®) can only be prescribed after a face-to-face consultation with a qualified prescriber.**